

# Leadership Development Through Family Systems

Participants in this program will be challenged to invest in their own emotional maturity and functioning as a way to enhance their sense of calm and differentiation of self. Leaders today face many challenges. In this time of increased anxiety and stress, we need leaders who focus on their own integrity, functioning, and the nature of their presence rather than look for quick-fix solutions or fancy techniques. Participants will have the opportunity to build a cohort of like-minded leaders facing similar journeys and challenges. Sign up today to experience the life change for yourself!

# This Workshop Will Help You...

- "Enhance your effectiveness as a Pastor" from a 2022-2023 graduate
- Apply learnings from Bowen's Family Systems Theory
- Better manage self
- Analyze your family of origin to understand patterns of connection through generations and how it impacts you today
- Better understand your own emotional reactivity so you can learn to shift your response when necessary

# Who Will Benefit:

- Pastors and Interim Pastors.
- Judicatory Officials: Bishops, District Superintendents, Presbytery Executives, etc.
- Church Consultants.
- Leaders of Religious Communities and Other Church-Related Organizations.
- Congregational lay leaders are welcome as well.

# Logistical Information:

630-627-0507

- This year, Cohort A will be meeting online via Zoom, Cohort B will meet at North Raleigh Presbyterian Church in Raleigh, NC, and Cohort C will meet at Keller United Methodist Church in Keller, TX
- Each group will be meeting three times per year, with each meeting time lasting three successive days
  - Both Cohorts will receive the same teaching material, the only difference is the meeting dates and location

#### **Dates**

#### Cohort A

(Online)

October 23-25, 2023 February 19-21, 2024 April 22-24, 2024

#### Cohort B

(Raleigh, NC)

November 6-8, 2023 February 26-28, 2024 April 29-May 1, 2024

#### Cohort C

(Keller, TX)

December 4-6, 2023 January 8-10, 2024 March 18-20, 2024

#### Fee

The registration fee for this workshop is \$1,075 if you register before September 11, 2023. Any registration after that date is increased to the amount of \$1,275.

For more information about our cancellation policy, please review our website at www.LMPeaceCenter.org/allevents/







# Hosted By



## Jay Wittmeyer

Rev. Jay Wittmeyer is the Executive Director of the Lombard Mennonite Peace Center. Jay is an educator, organizational development consultant, and mediator with broad experience, serving conflicted churches and organizations in the U.S. and international settings. Grounded in an Anabaptist peace-building tradition and working from a Bowen family systems perspective, LMPC works to transform conflict in a healthy manner.

To find out more or register online, scan the QR code below OR

Call: 630-627-0507

Email:

admineLMPeaceCenter.org Write: 101 W. 22nd Street, Suite 206, Lombard, IL 60148 Visit our website:

www.LMPeceCenter.org



### Tammy Martens

Rev. Tammy Martens has served in campus ministry and church ministry for over 30 years. She currently serves as Associate Pastor at Orchard Ridge UCC in Madison, WI. She has been involved in Clergy Clinic in Family Emotional Process for ten years. Learning and applying Family Systems Theory to her life has brought positive change in her relationships with her family and in how she works in ministry. Tammy is married to Rob, and they have two adult children, Gabe and Lily.



#### REGISTRATION FORM

Yes! Register me for *Leadership Development Through Family Systems*. Enclosed is my full payment of \_\_\_\_\_. (**Checks payable in U.S. funds to LMPC**.)

Clip and mail to: LMPC, 101 W. 22nd Street, Suite 206, Lombard, IL 60148.

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Name		Home	Phone	
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	rmation of registration and tre			
registration deadline.				
Please register me for:	_ Cohort A (Online) Co	hort B (Rale	eigh, NC) (	Cohort C (Keller, TX)
Please send me	_ more copies of this flyer for distributing to others in my church or to clergy			
colleagues.				
Please send me informat	ion about other workshops that	can be held	d in my church.	
Please send me the brod	hure for Advanced Clergy Clinic	c in Family L	Emotional Process	
Please check if registering: $\Box$ flyer.	I have read and agree to the	cancellatio	on policy explaine	d under "Tuition" in this