

# About the Advanced Clergy Clinic in Family Emotional Process

## Schedule

The **Advanced Clergy Clinic** meets three times each year for three successive days each time:

- **October 17-19, 2022**
- **February 6-8, 2023**
- **April 17-19, 2023**

### **Mondays: 10/17, 2/6, and 4/17**

9:00 a.m. – *Introductory Input and Guest Presenter*  
12:00 p.m. – *Lunch Break*  
1:00 p.m. – *Guest Presenter*  
4:00 p.m. – *Adjournment*

### **Tuesdays: 10/18, 2/7, and 4/18**

9:00 a.m. – *Input: Bowen Family Systems Theory*  
12:00 p.m. – *Lunch*  
1:00 p.m. – *Family of Origin Groups*  
4:30 p.m. – *Adjournment*

### **Wednesdays: 10/19, 2/8, and 4/19**

9:00 a.m. – *Input: Emotional Process and Congregational Systems*  
12:00 p.m. – *Lunch*  
1:15 p.m. – *Congregational Case Study Groups*  
4:30 p.m. – *Conclusion*

## Covid-19 Travel Concerns

Addressing both the need for safety and a desire for flexibility, LMPC has once again decided to conduct ACC 2022-2023 as a hybrid event, giving participants the option to attend either in person or online. We request that those who attend in person be fully vaccinated before arrival. Our host, St. Mark's Episcopal Church, is in a western suburb of Chicago (Glen Ellyn, IL) that is equally accessible to O'Hare and Midway Airports.

## Zoom Format

As those who attended *Advanced Clergy Clinic* in 2021-2022 are already aware, Zoom offers opportunity for participant interaction in both small and large groups, including family of origin groups. Online participants will be expected to have a basic proficiency in Zoom and a device with both a camera and a microphone.

## Presenters

**Jay Wittmeyer** is the Executive Director for the Lombard Mennonite Peace Center. Rev. Wittmeyer has many years of practical experience mediating conflict in churches and organizations, while also training others to be self-differentiated leaders in the midst of congregational anxieties.

**Tammy Martens** has served in campus ministry and church ministry for over 30 years. She currently serves as Associate Pastor at Orchard Ridge UCC in Madison, WI. Rev. Martens has been involved in *Clergy Clinic in Family Emotional Process* for ten years. Learning and applying Family Systems Theory to her life has brought positive change in her relationships with her family and in how she works in ministry.

## Tuition

Tuition for the series is \$1,100 for registrations received by **September 12, 2022**, and \$1,300 if received after that date. Cancellations are subject to a non-refundable administration fee of \$100 if we receive notification by **September 26, 2022**, or half of the registration fee if notified by **October 3, 2022**. After that date there will be no refunds or credit for missed sessions, since family of origin group leaders will have already been hired. To register, return the registration form with full payment, call our office, or visit our website.

## Prerequisites

Participants in the *Advanced Clergy Clinic* will have completed LMPC's *Clergy Clinic in Family Emotional Process*, attended the *Advanced Clergy Clinic* in a previous year, or been accepted into the program on the basis of documented background in Bowen family systems theory.

Those who have not previously attended either LMPC's *Clergy Clinic in Family Emotional Process* or the *Advanced Clergy Clinic* may complete and submit an application form to LMPC; it will provide a vehicle for documenting one's background in Bowen family systems theory. Contact LMPC for an application form.

## Guest Presenters

### **October 17, 2022 — Daniel Papero**

Daniel Papero, Ph.D., MSSW, has been on the faculty at the Bowen Center for the Study of the Family, Washington, D.C., since 1982. He is the author of *Bowen Family Systems Theory*, a basic introduction to family systems. In recent years he has consulted increasingly with organizations about the impact of relationships on functioning and about the emotional process of organizations.

### **Feb. 6, 2023 — Kathleen Smith**

Kathleen Smith, Ph.D., LPC, is a therapist and mental health writer with multiple publications, including in *Counseling Today*. Her doctorate is from George Washington University. She is an adjunct professor at Trinity Washington University and George Washington University. She is an associate faculty member at the Bowen Center for the Study of the Family, Washington, D.C.

### **April 17, 2023 -- Tod Bolsinger**

Tod Bolsinger, M.Div., Ph.D., is vice president for vocation and formation, and assistant professor of practical theology at Fuller Theological Seminary. An ordained Presbyterian pastor, he has extensive experience as a consultant, writes weblogs on church and leadership formation, and has written three books, including *The New Media Frontier* (2008).

## For Further Information

**Write:** *Lombard Mennonite Peace Center*  
*101 West 22nd Street, Suite 206*  
*Lombard, IL 60148-4987*

**Call:** (630) 627-0507

**Email:** [Admin@LMPeaceCenter.org](mailto:Admin@LMPeaceCenter.org)

**Website:** [www.LMPeaceCenter.org](http://www.LMPeaceCenter.org)

To visit our website,  
scan this QR code:



# Registration Form

Yes! Register me for the 2022-2023 *Advanced Clergy Clinic in Family Emotional Process*. Enclosed is my payment.  
(Checks payable in U.S. funds to LMPC.) Clip and mail to: LMPC, 101 W. 22nd St., Suite 206, Lombard, IL 60148-4987.

Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Congregation/Organization \_\_\_\_\_ Work Phone \_\_\_\_\_  
Personal Email \_\_\_\_\_ Other Email \_\_\_\_\_  
Current role: \_\_\_\_\_ Pastor \_\_\_\_\_ Judicatory Leader \_\_\_\_\_ Other (specify) \_\_\_\_\_  
Register me for **Advanced Clergy Clinic**; I have previously participated in LMPC's **Clergy Clinic** or **Advanced Clergy Clinic**. Enclosed is my payment of \$1,100 (\$1,300 after 9/12/2022)  
I have a background in Bowen family systems theory; please send me an application for the **Advanced Clergy Clinic**.  
Please send the registration brochure for the **Clergy Clinic in Family Emotional Process**.  
Please send the registration brochure for LMPC's **Mediation Skills Training Institute for Church Leaders**.

Please check if registering:  I have read and agree to the refund policy explained under "Tuition" in this brochure.



## A Leadership Training Program

# Advanced Clergy Clinic in Family Emotional Process

October 17-19, 2022  
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Sponsored by  
Lombard Mennonite Peace Center  
Lombard, Illinois

## Family Emotional Process

Since the publication of *Generation to Generation: Family Process in Church and Synagogue*, by Dr. Edwin Friedman, pastors and other clergy have recognized the importance of understanding Bowen family systems theory as it relates to congregational systems.

Dr. Murray Bowen understood families as emotional systems impacted by two key factors: the level of anxiety within the system and the level of differentiation of family members. As a student of Bowen, Dr. Edwin Friedman saw the relevance of Bowen's ideas for religious congregations and their leaders.

With today's rising level of anxiety in society and its resulting impact on families, there is little doubt that such anxiety will impact the church with increasing intensity in the years ahead. The resulting elevation of pressures within congregations and the increasing demands which that places on clergy make it imperative that leaders step back occasionally from the fray to assess their own capacity for managing themselves in a calmer, more differentiated way.

The **Advanced Clergy Clinic in Family Emotional Process** is designed to enhance the ability of participants to function as self-differentiated leaders within their own ministry setting. It will provide a safe forum for processing challenging situations in one's ministry, while also facilitating reflection on a way of thinking about the human condition which has implications for all aspects of life.

### Session Format

The **Advanced Clergy Clinic** meets three times per year for three successive days each session, providing nine full days of reflection on the concepts of family emotional process. The format follows the basic themes articulated in Edwin Friedman's *Generation to Generation*, with reflection on the minister's three interlocking families: the minister's own personal family, the parishioner family, and the congregation as a family.

The first day of each session will be largely didactic, including input from a guest presenter who is a significant leader in the field of Bowen theory and related areas. The morning of the second and third days will also be didactic, with presentations from the clinic faculty as well as videotape input from Murray Bowen, Edwin Friedman, and others.

The afternoons of the second and third days will be clinical in format. On Tuesday afternoon of each session participants will divide into small groups to explore their own family of origin issues under the guidance of an experienced family systems practitioner. The final afternoon of each session will be given to the presentation of case studies by participants from their own ministry system, followed by opportunity for feedback, discussion, and consultation.

The program has been designed around several three day visits, rather than a one-time intensive effort, because we have found that family systems thinking cannot be learned simply by attending a workshop or reading a book. It is necessary to alternate the learning experience with personal efforts to integrate family systems thinking into one's own functioning. Given such an effort over an extended period of time, it is possible to raise one's functional level of differentiation and, thereby, positively impact one's leadership capabilities in all areas of ministry.

### Who Will Benefit

- Pastors and Interim Pastors
- Judicatory Officials: Bishops, District Superintendents, Presbytery Executives, etc.
- Church Consultants; Leaders of Religious Communities and Other Organizations
- Lay Leaders; Others Interested in Family Systems Thinking

*"...So we, though many, are one body in Christ, and individually members one of another." (Romans 12:5)*

