

Healthy Congregations



Who Will Benefit:

- Pastors, Church Council / Vestry / Session members, Pastor-Parish Committees, Personnel Committees and judicatory leaders of all denominations.
- The workshop would be especially helpful if a team made up of clergy, staff, and lay leadership from a congregation would attend the event together.

Workshop Leader:

Rev. Jay Wittmeyer is the Executive Director of the Lombard Mennonite Peace Center. Jay is an educator, organizational development consultant, and mediator with broad experience, serving conflicted churches and organizations in the U.S. and international settings. Grounded in an Anabaptist peace-building tradition and working from a Bowen family systems perspective, LMPC works to transform conflict in a healthy manner.

Registration Fee:

The early-bird fee is **\$99.00** for those who register before the preregistration deadline. Those deadlines are:

- July 7 for the July 21, 2020 workshop.
- July 28 for the August 11, 2020 workshop.
- August 26 for the September 9, 2020 workshop.
- September 8 for the September 22, 2020 workshop.
- September 29 for the October 13, 2020 workshop.
- October 16 for the October 30, 2020 workshop.
- October 30 for the November 13, 2020 workshop.
- November 24 for the December 8, 2020 workshop.

After those dates the fee is **\$129.00**. Cancellations are subject to a nonrefundable administration fee of \$25.00, if LMPC receives notice of cancellation by the preregistration deadline. Afterward there will be no refund for cancellations, since the manuals will have already been shipped to registrants. For individual or group registrations, you can return the registration form found below with payment, or you can register online at: <https://www.brownpapertickets.com/producer/720852> (a service fee will apply).

Group discounts are available. When 4 to 6 persons register together **by the above deadline**, the discount is \$10 each. For groups of 7 or more, the discount is \$20 each. See the group discount coupon for the other required criteria to qualify for the group discount. You can download a group discount coupon at: www.LMPeaceCenter.org/brochures/ or scan the nearby QR code for the coupon.

If registering a group online, have all data for each person ready to enter — name, street address, email address, etc. — to avoid being timed out.



Registration Form

Healthy Congregations

To register, clip this form, make your check payable to "LMPC," and mail to:
Lombard Mennonite Peace Center, 101 W. 22nd Street, Suite 206, Lombard, Illinois 60148

Name _____ Home Phone _____
Address _____ City _____ State _____ Zip _____
Congregation/Organization _____ Work Phone _____
Personal Email _____ Other Email _____

*** Confirmation and Zoom link will be sent by email; workshop manual will be shipped to the street address; print both addresses clearly.**

_____ Please register me/us for **Healthy Congregations**. I've enclosed \$99.00 per person. (\$129.00 if received after the deadline).

Indicate here which date you will attend: _____ July 21, 2020 _____ Aug. 11, 2020 _____ Sept. 9, 2020

_____ Sept. 22, 2020 _____ Oct. 13, 2020 _____ Oct. 30, 2020 _____ Nov. 13, 2020 _____ Dec. 8, 2020

_____ I have a group of four or more registering before the deadline (no group rate after preregistration deadline). I'm enclosing \$89.00 per registrant (group of 4 to 6) or \$79.00 per registrant (group of 7 or more) for a total of \$_____. I understand that to receive the group rate, I must send all individual registration forms with complete data for each person — with one check — with the "Group Discount Coupon" — to be received by LMPC **no later than the preregistration deadline**.

_____ Please send me information about LMPC's **Mediation Skills Training Institute for Church Leaders**.

_____ Please send me information about LMPC's **Clergy Clinic in Family Emotional Process**.

Or register online by going to www.brownpapertickets.com/producer/720852 or by scanning the nearby QR code.



Workshop Schedule

- 8:15-8:30 Sign-In to Zoom
- 8:30-10:00 **What Is Systems Thinking?**
Video Case Study:
"The Anxious Congregation"
"The Responsible Congregation"
- 10:00-10:15 Break
- 10:15-12:00 **Healthy Congregations Respond to Anxiety**
Healthy Congregations Invite Differentiation of Self
- 12:00-1:00 Lunch Break
- 1:00-2:30 **Healthy Congregations Focus on Strength**
Healthy Congregations Manage Conflict
- 2:30-2:45 Break
- 2:45-4:30 **In Healthy Congregations, Leaders Challenge People**
In Healthy Congregations, Leaders Focus on Mission
In Healthy Congregations, Leaders Promote Health Through Their Presence and Functioning
Planning for a Healthier Congregation

Workshop Format:

It will be conducted online via Zoom video conferencing. Registrants will attend on their computer. Zoom offers opportunity for participants to interact in break-out sessions. People from the same church will be placed in the same break-out group, so they can discuss how to apply the learnings to their church. Registrants will be expected to have a device with both a camera and a microphone to fully participate. A Zoom link will be sent to all registrants two days before the event begins. A manual will be shipped to each registrant's street address prior to the event.

For More Information:

Call LMPC at (630) 627-0507. You can also visit our web site at www.LMPeaceCenter.org



Healthy Congregations

Eight Opportunities to Attend via Zoom:

July 21, 2020	October 13, 2020
or	or
August 11, 2020	October 30, 2020
or	or
September 9, 2020	November 13, 2020
or	or
September 22, 2020	December 8, 2020



Each day 8:30 a.m. to 4:30 p.m. Central Time

Sponsor: Lombard Mennonite Peace Center

About the Workshop:

The *Healthy Congregations* workshop uses the insights of family systems theory to help church leaders become more effective stewards of their congregations. The workshop was developed by Dr. Peter Steinke and is based on the work of Dr. Edwin Friedman, author of *Generation to Generation: Family Process in Church and Synagogue*.

Since the publication of *Generation to Generation*, many pastors have come to recognize the importance of understanding family systems theory as it relates to congregations. The *Healthy Congregations* workshop helps both clergy and lay leaders expand their insight into how churches function as emotional systems.

Friedman noted that in many congregations today negative, reactive forces are allowed to set the agenda for the church. He believed that such reactivity in churches is reflective of societal anxiety, which is likely to increase in the years ahead. We can, therefore, expect ever increasing levels of reactivity in our churches for the foreseeable future.

What can be done to prevent anxiety from becoming a toxic force in your congregation? The *Healthy Congregations* workshop is designed to equip leaders to respond to the presence or potential threat of anxiety in a congregational system in ways that prevent destructive conflict and help the church stay focused on its unique mission and purpose.

This workshop will help you . . .

- Learn how you as a leader can influence the health of your congregation — how to detect and avoid unhealthy patterns of living together in community.
- Learn how to keep anxiety from becoming infectious.
- Gain confidence in responding to challenges and opportunities.
- Learn how to put limits on invasive behavior, manage reactivity, and overcome sabotage.
- Discover how leaders can function as the congregation's immune system.
- Learn to focus on strengths, resources, options, and the future.



Other LMPC Programs:

The *Mediation Skills Training Institute for Church Leaders* equips leaders to address interpersonal, small group, and congregational conflicts. **Dates to be presented via Zoom video conferencing:**

- August 3-7, 2020
- August 31-September 4, 2020
- October 5-9, 2020
- November 16-20, 2020

Clergy Clinic in Family Emotional Process is designed to enhance the ability of participants to function as self-differentiated leaders in their ministry setting. The clinic meets 3 times per program year, 3 days each time, for a total of 9 days. Choose one of the two groups.

Dates for 2020-2021 sessions via Zoom are:

- | | |
|---------------------|--------------------|
| Group A | Group B |
| • Oct. 26-28, 2020 | • Nov. 9-11, 2020 |
| • Feb. 8-10, 2021 | • Feb. 22-24, 2021 |
| • April 26-28, 2021 | • May 17-19, 2021 |

For further information and brochures with registration forms:
www.LMPeaceCenter.org

"...So we, though many, are one body in Christ, and individually members one of another." (Romans 12:5)