

About the Advanced Clergy Clinic in Family Emotional Process

Schedule

The **Advanced Clergy Clinic** meets three times each year for three successive days each time:

- **October 21-23, 2019**
- **February 3-5, 2020**
- **April 20-22, 2020**

Mondays: 10/21; 2/3; 4/20

1:00 p.m. – Introductory Input followed by Guest Presenter
5:30 p.m. – Supper (provided on site)
6:30 p.m. – Guest Presenter
8:00 p.m. – Adjournment

Tuesdays: 10/22; 2/4; 4/21

9:00 a.m. – Input: Bowen Family Systems Theory
12:00 p.m. – Lunch (on your own)
1:30 p.m. – Family of Origin Groups
5:00 p.m. – Adjournment

Wednesdays: 10/23; 2/5; 4/22

9:00 a.m. – Input: Emotional Process and Congregational Systems
12:00 p.m. – Lunch (on your own)
1:15 p.m. – Congregational Case Study Groups
4:30 p.m. – Conclusion

Location

Holy Trinity Lutheran Church 350 E. Madison Street, Lombard, IL

Lombard is in the western suburbs of Chicago, approximately 30 minutes by car from O'Hare and Midway airports. A map and information for area hotels will be sent with confirmation of registration.

Tuition

Tuition for the series is \$1,100 for registrations received prior to September 16, 2019, and \$1,300 if received later. To register, return the registration form with full payment. Cancellations are subject to a non-refundable administration fee of \$100, if we receive notification prior to September 23, 2019, or half of the registration fee, if notified prior to September 30, 2019. Afterward there will be no refunds or credit for missed sessions, since family of origin group leaders will have already been hired.

Faculty

Richard Blackburn is Executive Director of the Lombard Mennonite Peace Center. He has broad experience as a trainer, mediator, and consultant with conflicted churches and their leaders. The congregational mediation model he developed represents a transformational approach, placed within the context of Bowen family systems theory. For several years, he attended Edwin Friedman's *Post Graduate Clergy Seminar in Family Emotional Process* in Bethesda, MD. Richard also participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family in Washington, D.C.

Testimonies

"It is through the *Clergy Clinic* that I was exposed to family systems theory, differentiated thinking, and with it tools that have impacted every facet of my life: my marriage, my parenting, more importantly my spiritual life as well as my leadership roles."

~ United Methodist Pastor

"I have found it immensely helpful in my own ministry, understanding how I lead and how better I can do leadership as an intentional interim minister."

~ Mennonite Pastor

Prerequisites

Participants in the *Advanced Clergy Clinic* will have completed LMPC's basic *Clergy Clinic in Family Emotional Process*, attended the *Advanced Clergy Clinic* in a previous year, or been accepted into the program on the basis of documented background in Bowen family systems theory.

Those who have not previously attended either LMPC's basic *Clergy Clinic in Family Emotional Process* or the *Advanced Clergy Clinic* may complete and submit an application form to LMPC; it will provide a vehicle for documenting one's background in Bowen family systems theory. Contact LMPC for an application form.

Guest Presenters

October 21, 2019 — Anne McKnight "The Complexity of Cutoff as a Systems Concept"

Anne S. McKnight, LCSW, Ed. D., has been the Director of the Bowen Center since 2011 and a member of the Bowen Center faculty since 1992. She maintains a private practice as a family therapist in Arlington, VA. She developed a special interest in families with addiction from working, teaching, and supervising students for many years in a child and family substance abuse program in Virginia.

February 3, 2020 — R. Robert Creech "Bowen Family Systems and Congregational Life: A Map for Ministry"

R. Robert Creech, Ph.D. is Professor of Christian Ministries and Director of Pastoral Ministries at the George W. Truett Theological Seminary at Baylor University. He previously served for twenty-two years as Senior Pastor at University Baptist Church in Houston, TX. His M.Div. is from Southwestern Baptist Theological Seminary; his Ph.D. is from Baylor University.

April 20, 2020 — Michael Kerr "Bowen Theory's Secrets: Revealing the Hidden Life of Families"

Michael E. Kerr, M.D., is a family psychiatrist. He trained under and worked with Murray Bowen for more than 20 years. He succeeded Dr. Bowen as Director of the Bowen Center for the Study of the Family in 1990, and has been Emeritus Director of the Bowen Center since 2011. He is co-author with Dr. Bowen of *Family Evaluation* (1988), and has recently completed *Bowen Theory's Secrets: Revealing the Hidden Life of Families*.

For Further Information

Write: Lombard Mennonite Peace Center
101 West 22nd Street, Suite 206
Lombard, IL 60148-4987

Call: (630) 627-0507

Fax: (630) 627-0519

E-mail: Admin@LMPeaceCenter.org

Web Site: www.LMPeaceCenter.org

Registration Form

Yes! Register me for the 2019-2020 *Advanced Clergy Clinic in Family Emotional Process*. Enclosed is my payment.
(Checks payable in U.S. funds to LMPC.) Clip and mail to: LMPC, 101 W. 22nd St., Suite 206, Lombard, IL 60148-4987.

Name _____ Home Phone _____
Address _____ City _____ State _____ Zip _____
Congregation/Organization _____ Work Phone _____
Personal Email _____ Other Email _____
Current role: _____ Pastor _____ Judicatory Leader _____ Other (specify) _____
Register me for **Advanced Clergy Clinic**; I have previously participated in LMPC's **Clergy Clinic** or **Advanced Clergy Clinic**. Enclosed is my payment of \$1,100 (\$1,300 after 9/16/19).
I have a background in Bowen family systems theory; please send me an application for the **Advanced Clergy Clinic**.
Please send the registration brochure for the basic **Clergy Clinic in Family Emotional Process**.
Please send the registration brochure for LMPC's **Mediation Skills Training Institute for Church Leaders**.

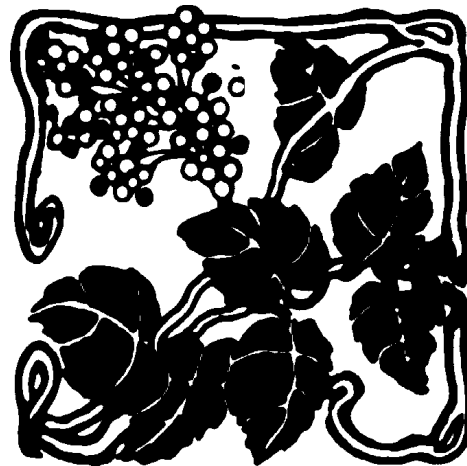
Please check if registering: I have read and agree to the refund policy explained under "Tuition" in this brochure.



A Leadership Training Program

Advanced Clergy Clinic in Family Emotional Process

October 21-23, 2019
February 3-5, 2020
April 20-22, 2020



Sponsored by
Lombard Mennonite Peace Center
Lombard, Illinois

Family Emotional Process

Since the publication of *Generation to Generation: Family Process in Church and Synagogue*, by Dr. Edwin Friedman, pastors and other clergy have recognized the importance of understanding Bowen family systems theory as it relates to congregational systems.

Dr. Murray Bowen understood families as emotional systems impacted by two key factors: the level of anxiety within the system and the level of differentiation of family members. As a student of Bowen, Dr. Edwin Friedman saw the relevance of Bowen's ideas for religious congregations and their leaders.

With today's rising level of anxiety in society and its resulting impact on families, there is little doubt that such anxiety will impact the church with increasing intensity in the years ahead. The resulting elevation of pressures within congregations and the increasing demands which that places on clergy make it imperative that leaders step back occasionally from the fray to assess their own capacity for managing themselves in a calmer, more differentiated way.

The **Advanced Clergy Clinic in Family Emotional Process** is designed to enhance the ability of participants to function as self-differentiated leaders within their own ministry setting. It will provide a safe forum for processing challenging situations in one's ministry, while also facilitating reflection on a way of thinking about the human condition which has implications for all aspects of life.

Session Format

The **Advanced Clergy Clinic** meets three times per year for three successive days each session, providing nine full days of reflection on the concepts of family emotional process. The format follows the basic themes articulated in Edwin Friedman's *Generation to Generation*, with reflection on the minister's three interlocking families: the minister's own personal family, the parishioner family, and the congregation as a family.

The first day of each session will be largely didactic, including input from a guest presenter who is a significant leader in the field of Bowen theory and related areas. The morning of the second and third days will also be didactic, with presentations from the clinic faculty as well as videotape input from Murray Bowen, Edwin Friedman, and others.

The afternoons of the second and third days will be clinical in format. On Tuesday afternoon of each session participants will divide into small groups to explore their own family of origin issues under the guidance of an experienced family systems practitioner. The final afternoon of each session will be given to the presentation of case studies by participants from their own ministry system, followed by opportunity for feedback, discussion, and consultation.

The program has been designed around several three day visits, rather than a one-time intensive effort, because we have found that family systems thinking cannot be learned simply by attending a workshop or reading a book. It is necessary to alternate the learning experience with personal efforts to integrate family systems thinking into one's own functioning. Given such an effort over an extended period of time, it is possible to raise one's functional level of differentiation and, thereby, positively impact one's leadership capabilities in all areas of ministry.

Who Will Benefit

- Pastors and Interim Pastors
- Judicatory Officials: Bishops, District Superintendents, Presbytery Executives, etc.
- Church Consultants; Leaders of Religious Communities and Other Organizations
- Lay Leaders; Others Interested in Family Systems Thinking

"...So we, though many, are one body in Christ, and individually members one of another." (Romans 12:5)

