

# About the Advanced Clergy Clinic in Family Emotional Process

## Schedule

The **Advanced Clergy Clinic** meets three times each year for three successive days each time:

- **October 18-20, 2010**
- **January 31-February 2, 2011**
- **April 4-6, 2011**

### **Mondays: 10/18; 1/31; 4/4**

1:00 p.m. – Introductory Input followed by Guest Presenter  
5:30 p.m. – Supper (provided on site)  
6:30 p.m. – Guest Presenter  
8:00 p.m. – Adjournment

### **Tuesdays: 10/19; 2/1; 4/5**

9:00 a.m. – Input: Bowen Family Systems Theory  
12:00 p.m. – Lunch (on your own)  
1:30 p.m. – Family of Origin Groups  
5:00 p.m. – Adjournment

### **Wednesdays: 10/20; 2/2; 4/6**

9:00 a.m. – Input: Emotional Process and Congregational Systems  
12:00 p.m. – Lunch (on your own)  
1:15 p.m. – Congregational Case Study Presentations  
4:30 p.m. – Conclusion

## Location

### **Redeemer Lutheran Church 139 East First Street, Hinsdale, IL**

Hinsdale is in the western suburbs of Chicago, approximately 30 minutes by car from O'Hare and Midway airports. A map and information for area hotels will be sent with confirmation of registration.

## Tuition

Tuition for the series is \$1,050 for registrations received prior to September 20, 2010, and \$1,150 if received later. To register, return the registration form with full payment. Cancellations are subject to a non-refundable administration fee of \$75, if we receive notification prior to October 1, 2010, or half of the registration fee, if notified prior to October 8, 2010. Afterward there will be no refunds or credit for missed sessions, since family of origin group leaders will have already been hired.

## Faculty

**Richard Blackburn** is Executive Director of the Lombard Mennonite Peace Center. He has broad experience as a trainer, mediator, and consultant with conflicted churches and their leaders. The congregational mediation model he developed represents a transformational approach, placed within the context of Bowen family systems theory. For several years, he attended Edwin Friedman's *Post Graduate Clergy Seminar in Family Emotional Process* in Bethesda, MD. Richard also participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family in Washington, D.C.

**Robert Williamson** serves in an adjunct faculty role with the Lombard Mennonite Peace Center after fifteen years on its full-time staff. He is a graduate of the Lutheran School of Theology at Chicago and has served as a parish pastor. Bob currently has a private practice in religious education, with a special interest in the application of Bowen theory through the use of the *Beliefs Chart*. Bob has participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family in Washington, D.C.

## Prerequisites

Participants in the *Advanced Clergy Clinic* will have completed LMPC's basic *Clergy Clinic in Family Emotional Process*, attended the *Advanced Clergy Clinic* in a previous year, or been accepted into the program on the basis of documented background in Bowen family systems theory.

Those who have not previously attended either LMPC's basic *Clergy Clinic in Family Emotional Process* or the *Advanced Clergy Clinic* may complete and submit an application form to LMPC; it will provide a vehicle for documenting one's background in Bowen family systems theory. Contact LMPC for an application form.

## Guest Presenters

### **October 18, 2010 – Leslie Ann Fox “Leading an Organization in Times of Change: Applying Bowen Theory Concepts”**

Leslie Ann Fox, M.A., is CEO and co-founder of Care Communications, Inc., a national healthcare consulting and staffing company. She is the co-author of *Leading a Business in Anxious Times: A Systems Approach to Becoming More Effective in the Workplace* and is on the faculty at the Center for Family Consultation in Wilmette, IL.

### **January 31, 2011 – Patricia A. Comella “Societal Emotional Process: Implications for Leaders Functioning in Triangles”**

Patricia Comella, J.D., has been on the faculty at the Bowen Center for the Study of the Family since 1993. A lawyer, she's practiced nuclear energy law, having served with NASA, the Nuclear Regulatory Commission, and the State Department. She has helped to organize Bowen Center events, including the 2009 Spring Conference, *Societies, Families, and Planet Earth: Exploring the Connections*.

### **April 4, 2011 — Christopher East “Togetherness, Triangles, and the Challenge of Forgiveness”**

Christopher East, Psy.D., M.Div., is a Presbyterian minister who serves as a Pastoral Psychotherapist at Replacements, Ltd. in Greensboro, N.C. He's been connected with the Bowen Center for the Study of the Family via participation in the postgraduate program since 2001 and has been a popular presenter at their annual symposium and other Bowen Center events.

## For Further Information

**Write:** Lombard Mennonite Peace Center  
101 West 22nd Street, Suite 206  
Lombard, IL 60148-4987

**Call:** (630) 627-0507 **Fax:** (630) 627-0519

**E-mail:** Admin@LMPeaceCenter.org

**Web Site:** www.LMPeaceCenter.org

# Registration Form

Yes! Register me for the 2010-2011 *Advanced Clergy Clinic in Family Emotional Process*. Enclosed is my payment.  
(Checks payable in U.S. funds to LMPC.) Clip and mail to: LMPC, 101 W. 22nd St., Suite 206, Lombard, IL 60148-4987.

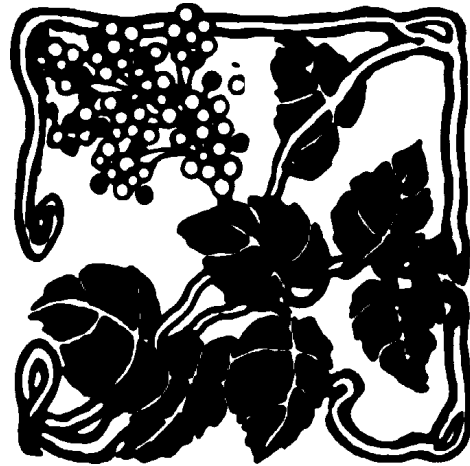
Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Congregation/Organization \_\_\_\_\_ Work Phone \_\_\_\_\_  
Personal Email \_\_\_\_\_ Other Email \_\_\_\_\_  
**Current role:** \_\_\_\_\_ Pastor \_\_\_\_\_ **Judiciary Leader** \_\_\_\_\_ **Other (specify)** \_\_\_\_\_  
Register me for **Advanced Clergy Clinic**; I have previously participated in LMPC's **Clergy Clinic** or **Advanced Clergy Clinic**. Enclosed is my payment of \$1,050 (\$1,150 after 9/20/10).  
I have a background in Bowen family systems theory; please send me an application for the **Advanced Clergy Clinic**.  
Please send the registration brochure for the basic **Clergy Clinic in Family Emotional Process**.  
Please send the registration brochure for LMPC's **Here I Stand: Leading Change Through Self-Differentiation**.  
Please send the registration brochure for LMPC's **Mediation Skills Training Institute for Church Leaders**.  
**Please check if registering:**  I have read and agree to the refund policy explained under "Tuition" in this brochure.



## A Leadership Training Program

# Advanced Clergy Clinic in Family Emotional Process

October 18-20, 2010  
January 31-February 2, 2011  
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Sponsored by  
Lombard Mennonite Peace Center  
Lombard, Illinois

## Family Emotional Process

Since the publication of *Generation to Generation: Family Process in Church and Synagogue*, by Dr. Edwin Friedman, pastors and other clergy have recognized the importance of understanding Bowen family systems theory as it relates to congregational systems.

Dr. Murray Bowen understood families as emotional systems impacted by two key factors: the level of anxiety within the system and the level of differentiation of family members. As a student of Bowen, Dr. Edwin Friedman saw the relevance of Bowen's ideas for religious congregations and their leaders.

With today's rising level of anxiety in society and its resulting impact on families, there is little doubt that such anxiety will impact the church with increasing intensity in the years ahead. The resulting elevation of pressures within congregations and the increasing demands which that places on clergy make it imperative that leaders step back occasionally from the fray to assess their own capacity for managing themselves in a calmer, more differentiated way.

The **Advanced Clergy Clinic in Family Emotional Process** is designed to enhance the ability of participants to function as self-differentiated leaders within their own ministry setting. It will provide a safe forum for processing challenging situations in one's ministry, while also facilitating reflection on a way of thinking about the human condition which has implications for all aspects of life.

### Session Format

The **Advanced Clergy Clinic** meets three times per year for three successive days each session, providing nine full days of reflection on the concepts of family emotional process. The format follows the basic themes articulated in Edwin Friedman's *Generation to Generation*, with reflection on the minister's three interlocking families: the minister's own personal family, the parishioner family, and the congregation as a family.

The first day of each session will be largely didactic, including input from a guest presenter who is a significant leader in the field of Bowen theory and related areas. The morning of the second and third days will also be didactic, with presentations from the clinic faculty as well as videotape input from Murray Bowen, Edwin Friedman, and others.

The afternoons of the second and third days will be clinical in format. On Tuesday afternoon of each session participants will divide into small groups to explore their own family of origin issues under the guidance of an experienced family systems practitioner. The final afternoon of each session will be given to the presentation of case studies by participants from their own ministry system, followed by opportunity for feedback, discussion, and consultation.

The program has been designed around several three day visits, rather than a one-time intensive effort, because we have found that family systems thinking cannot be learned simply by attending a workshop or reading a book. It is necessary to alternate the learning experience with personal efforts to integrate family systems thinking into one's own functioning. Given such an effort over an extended period of time, it is possible to raise one's functional level of differentiation and, thereby, positively impact one's leadership capabilities in all areas of ministry.

### Who Will Benefit

- Pastors and Interim Pastors
- Judicatory Officials: Bishops, District Superintendents, Presbytery Executives, etc.
- Church Consultants
- Leaders of Religious Communities and Other Church-Related Organizations

*"...So we, though many, are one body in Christ, and individually members one of another." (Romans 12:5)*